FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average bu	urden									

obligations may continue. See Instruction 1(b).			pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB Number: 3235-0287 Estimated average burden hours per response: 0.5									
1. Name and Address of Reportin GOODE H GREY JR	2. Issuer Name and Ticker or Trading Symbol MCCORMICK & CO INC [MKC]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Vice President - Tax				
(Last) (First) MCCORMICK & COMPA 18 LOVETON CIRCLE	3. Date of Earliest Transaction (Month/Day/Year) 07/20/2004											
(Street) SPARKS MD (City) (State)	21152 (Zip)		4. If <i>F</i>	Amendment, Date o	of Origin	al File	d (Month/Day	/Year)	6. Indi Line) X	Form filed by 0	oup Filing (Check A One Reporting Pers More than One Rep	son
	Table I - N	on-Deriva	tive	Securities Acc	quirec	l, Di	sposed of	or Be	neficially	Owned		
1. Title of Security (Instr. 3)	2. Transacti Date (Month/Day	Execution Date,			4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 a			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect g (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
					Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock - Voting		07/20/20	004		M		12,600	A	\$14.5313	30,750	D	
Common Stock - Voting		07/20/20	004		S		12,600	D	\$35.9628	18,150	D	
Common Stock - Voting		07/21/20	004		M		15,496	A	\$12.7188	33,646	D	
Common Stock - Voting		07/21/20	004		S		15,496	D	\$36	18,150	D	
Common Stock - Non-Votin	g	07/20/20	004		M		4,200	A	\$14.5313	5,200	D	
Common Stock - Non-Votin	g	07/20/20	004		S		4,200	D	\$35.9628	1,000	D	
Common Stock - Non-Votin	g	07/20/20	004		S		1,000	D	\$35.965	0	D	
Common Stock - Non-Votin	g	07/21/20	004		M		5,164	A	\$12.7188	5,164	D	
Common Stock - Non-Votin	g	07/21/20	004		S		5,164	D	\$36	0	D	
Common Stock - Non-Votin	g									600(1)	I	Wife
Common Stock - Non-Votin	g									200(1)	I	Daughter

Derivative Securities Acquired, Disposed of, or Beneficially (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)				Expiration Da	iration Date nth/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Common Stock - Voting	\$14.5313	07/20/2004		M			12,600	03/17/2000	03/16/2009	Common Stock - Voting	12,600	(2)	0	D	
Common Stock - Voting	\$12.7188	07/21/2004		M			15,496	01/19/2001	01/18/2009	Common Stock - Voting	15,496	(2)	0	D	
Common Stock - Non- Voting	\$14.5313	07/20/2004		М			4,200	03/17/2000	03/16/2009	Common Stock - Non- Voting	4,200	(2)	0	D	
Common Stock - Non- Voting	\$12.7188	07/21/2004		M			5,164	01/19/2001	01/18/2009	Common Stock - Non- Voting	5,164	(2)	0	D	

Explanation of Responses:

- $1. \ The \ undersigned \ disclaims \ beneficial \ ownership \ of \ these \ shares$
- 2. Option exercised

Remarks:

in-fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.